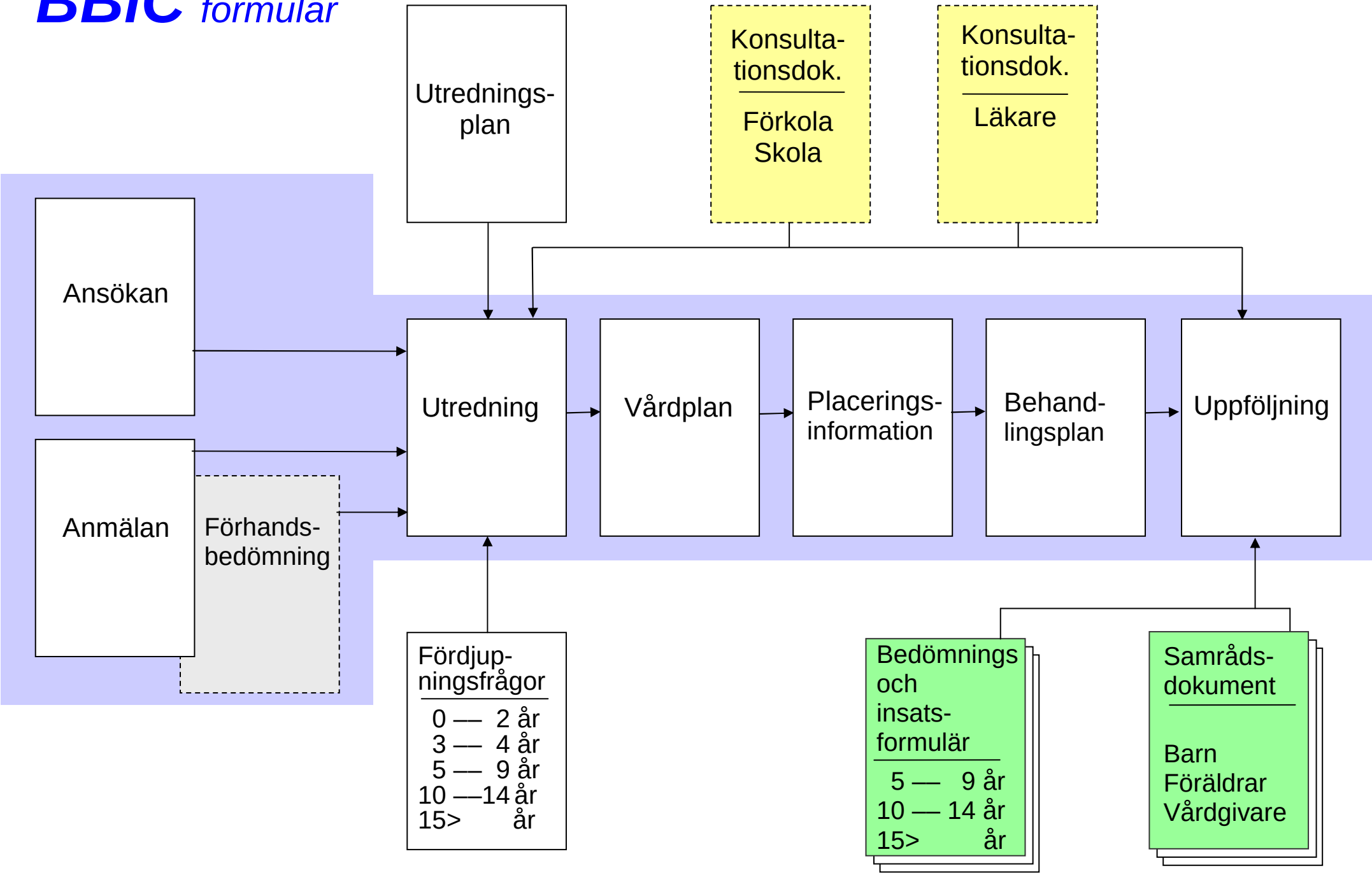BBiC *formulär*